



### **Fixomull Dressing Care Fact Sheet**

As your injury or surgery has left an open wound on the skin it has been covered with a dressing called Fixomull. This dressing is left undisturbed whilst the skin underneath is healing.

Care of your dressing at home:

- For the first 24 hours KEEP DRY. If ooze comes through dressing pat dry with tissue and do not remove dressing.
- Shower and wash over the dressing with soap and water after 24 hours.  
(Do not soak in bath).
- Pat dry with towel, or use hairdryer on low cool setting to completely dry.
- Do not try to remove the dressing at any time as this will strip away the healing skin underneath. When the wound has healed the dressing will peel away easily.
- If the wound starts leaking excessively or has an offensive odour please contact your doctor.

To remove Fixomull dressing:

- Wrap area in paper towel soaked in oil e.g. vegetable oil or baby oil.
- If possible cover with cling wrap and leave in place for 2 hours.
- Dressing should peel off easily.

### **Fixomull Dressing as Wound support:**

After your sutures/staples have been removed a Fixomull dressing has been applied to give the wound support as it continues to heal. The dressing is applied and changed weekly.

- For the first 24 hours KEEP DRY. If ooze comes through dressing pat dry with tissue and do not remove dressing.
- Shower and wash over the dressing with soap and water after 24 hours.  
(Do not soak in bath).
- Pat dry with towel, or use hairdryer on low cool setting to completely dry.
- When due for changing carefully peel off and reapply with clean dressing.